

Clap Your Hands, Stomp Your Feet, Count With Me,
Then Take a Seat!



Domain:

- Math, Language, Social Studies

Goals:

- Child will rote count to one hundred.
- Child will use one-to-one correspondence skills with a clap and a stomp with each number counted.
- Child will recite familiar phrase.
- Child will participate in a group activity.
- Child will follow teacher's directions to complete a project.

Materials:

- *Count With Me* headbands pp. 183-184
- *Clap Your Hands, Stomp Your Feet, Count With Me* rhyme
- cardstock
- crayons
- scissors, glue, stapler

Instructions:

- Copy the headband patterns. Cut 2" strips of paper long enough to go around a child's head. Allow each child to choose which animal he/she wants to be.
- Have the children cut out the animals and use crayons to color the animals.
- Attach the colored animal pattern to a strip of paper to make a headband for the child.
- Have the children wear their headbands.
- Tell the children that they will be counting to one hundred. Every time they say a number they should clap their hands and stomp their feet (one clap, one stomp).
- Encourage children and leader to recite the *Clap Your Hands, Stomp Your Feet, Count With Me* rhyme. Remember one clap and one stomp as you say a number.
- Continue counting to one hundred or any desired number.

- When the counting stops, have the children repeat the line: **Clap your hands, stomp your feet , count with me, now take a seat!** Have the children sit down on the floor.

Suggestions:

- Vary the speed the line travels by first counting slowly or counting fast. Alternate slow and fast speed by counting 1-10 fast, 11-20 slow, 21-30 fast, etc. Review the concepts of fast and slow.
- Use *Clap Your Hands, Stomp Your Feet, Count With Me* rhyme to transition from one place to another.
- Invite another class to join your class in the stomp.
- Have the children just clap or just stomp with each number instead of clapping and stomping.

Clap Your Hands, Stomp Your Feet, Count With Me Then Take a Seat!

**Clap your hands, stomp your feet,
Count with me then take a seat!
1,2,3, 4,5,6,7,8,9,10**

Continue counting to desired number then say:

**Clap your hands, stomp your feet,
You counted with me,
Now take a seat!** (have the children sit on the floor.)

Count With Me Headbands

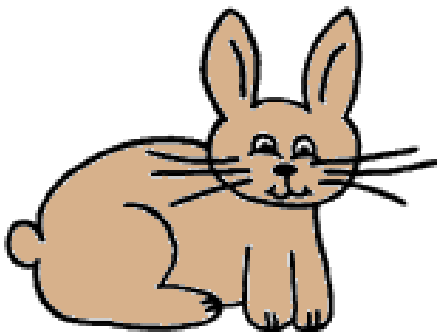
- Copy the animal patterns for the headbands onto construction paper or cardstock.
- Cut 2" wide strips to be used as headbands.
- Adjust strips to fit around the child's head.
- Staple or paste the animal's face to the head band strip.



bear



bird



bunny



dog



frog



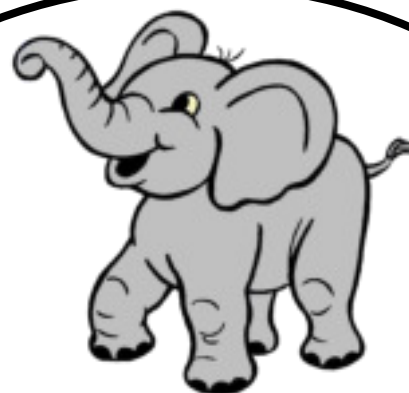
lion



mouse



kitten



elephant

