Eat and Speak
Food Identification

Children begin to understand and use a growing vocabulary. Children begin to consistently respond to requests for information or actions. Children begin to use verbal and nonverbal language to communicate for multiple purposes.

Domain:
- Language, Cognitive

Objectives:
- Child will identify different foods by pointing to a variety of different foods.
- Child will say or sign the name of each food.

Materials:
- Sequencing Cards (cards picturing food) pp. 21-28
- The Very Hungry Caterpillar storybook
- food items as pictured on sequencing cards

Instructions:

Level A
- Select two or three food items. (apple, orange, strawberry)
- Encourage children to touch, smell, or taste each selected food.
- Practice signing or naming each item.
- Add more items as children become familiar with food names.

Level B
- Present actual food items along with food cards. Practice matching cards with food items.

Level C
- Present food cards to students and have them take turns naming the foods.
- Read The Very Hungry Caterpillar. Ask children to find and name food items pictured in the story.
These sample graphics taken from the sequencing cards activity (pp. 21-30) in the unit for the *Very Hungry Caterpillar Level 1*. 

[Image of a smiling green caterpillar with a red head and yellow antennae, and a green leaf.]