

# Caterpillar's Picnic Follow the Path Obstacle Course

Children begin to demonstrate an eagerness and interest in learning through verbal and nonverbal means while playing, listening, questioning and interacting.

Domain:

• Gross Motor, Fine Motor, Language

# Objectives:

- Child will follow verbal directions to follow path.
- Child will crawl on pictured food items to follow a path.

# <u>Materials:</u>

- *Sequencing Cards* reproducible pages (found in Language section pp. 21-28)
- Caterpillar's Picnic headband page
- variety of caterpillar foods prepared at the snack table
- construction paper
- scissors

#### Instructions:

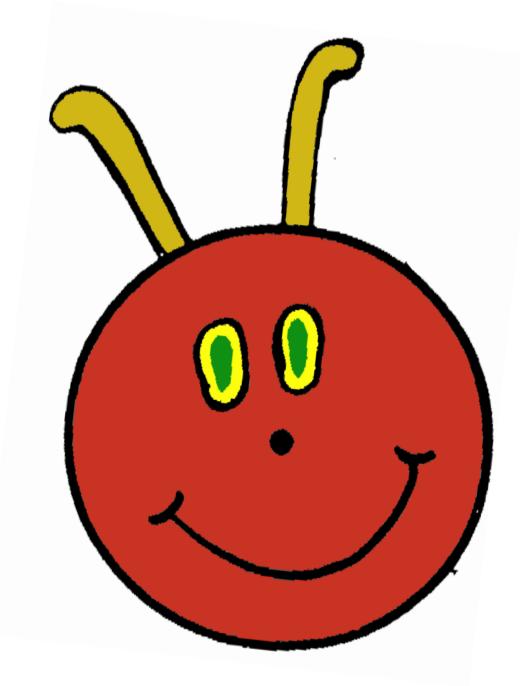
- Teacher will copy, cut and color the food items found on the Sequencing Cards.
- Copy and assemble one headband pattern for each child.
- Create an obstacle course placing the food cards; under, over, in, out, or next to objects in the classroom.
- Place the last card near or beside the snack table.
- Tell children that they are going to be the caterpillar and that they are going on a picnic.
- Ask them to put on their headbands and crawl like a caterpillar.
- Lead your caterpillars to the first food item.
- As they come to each pictured food item, have them identify the food and describe where it is located.
- Continue until you have found the last card near the snack table.
- Finish the activity by eating a snack at the caterpillar's picnic.

# Suggestions:

- Incorporate suggestions from physical and occupational therapists.
- Sequence pictures to reinforce patterning concepts.

# Caterpillar's Picnic

Headband Pattern



- Cut two-inch wide strips to be used as the headband.
- Adjust strips to fit around the child's head.
- Staple or paste caterpillar face to headband.