



Look Mom! Clean Hands!!

Children begin to develop an awareness of hygiene.

Children begin to follow basic hygiene practices.

Children begin to increase independence with basic self-help skills.

Domain

- Self-Help

Objectives:

- Child will turn on water.
- Child will adjust water to warm temperature.
- Child will wet hands.
- Child will apply soap to hands.
- Child will rub palms together.
- Child will rub the backs of both hands.
- Child will rinse soap off of hands with water.
- Child will turn off running water.
- Child will dry hands on cloth or paper towel.
- Child will inspect hands to see if they are clean.



Materials:

- *Look Mom, Clean Hands!* reproducible reward certificates
- soap, water, towel
- sink and step stool (if necessary)



Instructions:

- This is a good activity to do after *Classy Caterpillar* pp. 173, or *Fly Away Butterfly* pp.185, snack time, or any other messy activity.
- Copy one reward certificate for each child.
- Follow each step listed in the objectives. Provide a step stool for children who are too short to reach the water. Give assistance with any of the steps as necessary.
- Give each child with clean hands a certificate. Remember that some children are successful if they complete just one of the objectives, others may master three or four, while some are able to complete all of the objectives. Each child should be rewarded for their accomplishments.

Look Mom!



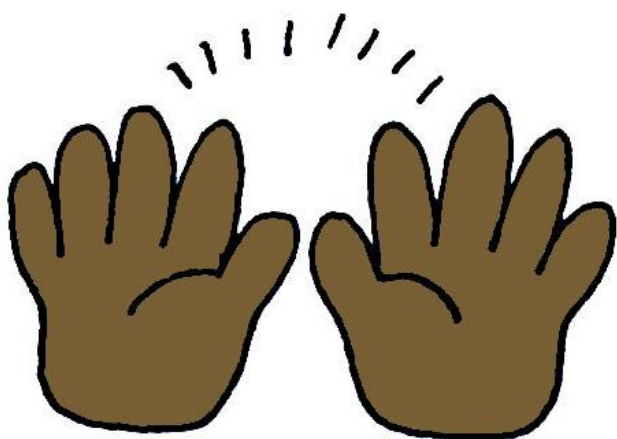
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Look Mom!



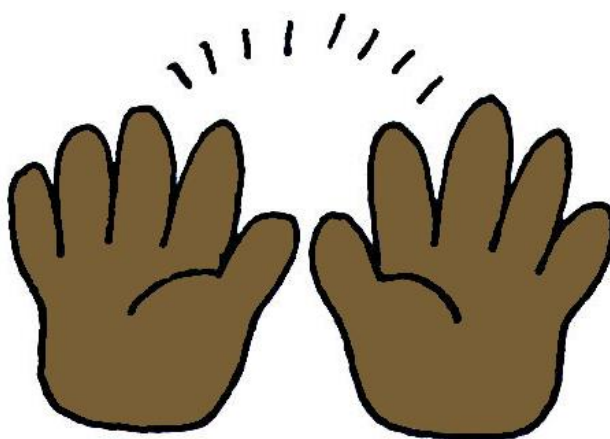
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