

# From Head to Toe

## Speech and Language Goals and Objectives

### **Related Florida VPK Education Standards found in all activities in this section:**

#### **Related VPK Education Standards**

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences
    - Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Animal Sequencing Cards

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### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - C.1. Interacts easily with familiar adults
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud

## Memory Game

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud

## Signing the Story

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### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - C.1. Interacts easily with familiar adults
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Animal Cracker Charades

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### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - C.1. Interacts easily with familiar adults
  - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Animal Talk

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences

## Going Around the Gorilla, Level 1

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
- VII. Social Studies and The Arts
  - A(d).1. Describes the location of things in the environment
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

**Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
- VII. Social Studies and The Arts
  - A(d).1. Describes the location of things in the environment
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

Big and Little, Level 1

**Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute
  - A(f).1. Compares continuous quantities using length, weight and height
  - B(a).3. Makes comparisons among objects

Big Zoo, Little Zoo, Level 2

**Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute
  - A(f).1. Compares continuous quantities using length, weight and height
  - B(a).3. Makes comparisons among objects
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Five Little Monkeys Sitting in a Tree

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### **Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences

## Five Little Monkeys Jumping on the Bed

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### **Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences

## Who Am I?

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas

## Which One is Different? Level 1

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute

## Which One is Different? Level 2

Page 77

### **Targeted VPK Education Standards**

#### IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events.

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

D.2. Connects phrases and sentences to build ideas

#### VI. Mathematical and Scientific Thinking

A(c).4. Orders, compares and describes objects according to a single Attribute

#### VIII. Motor Development

B.1. Uses strength and control to perform simple tasks

B.2. Uses eye-hand coordination to perform tasks

B.3. Shows beginning control of writing, drawing and art tools

## Who, What, and Where? Levels 1 and 2

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### **Targeted VPK Education Standards**

#### IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events.

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

D.2. Connects phrases and sentences to build ideas

#### V. Emergent Literacy

A.1. Shows motivation for reading

A.4. Shows understanding of text read aloud

#### VIII. Motor Development

B.1. Uses strength and control to perform simple tasks

B.2. Uses eye-hand coordination to perform tasks

B.3. Shows beginning control of writing, drawing and art tools

## Cardboard Roll Puppets

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### **Targeted VPK Education Standards**

#### III. Social and Emotional Development

D.1. Interacts easily with one or more children

#### IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

D.2. Connects phrases and sentences to build ideas

#### V. Emergent Literacy

A.1. Shows motivation for reading

A.4. Shows understanding of text read aloud

## Listening Center

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### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - A(b).3. Begins to be aware of technology and how it affects life
- III. Social and Emotional Development
  - A.2. Shows some self-direction

## Bookless Story Time

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### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - A(b).3. Begins to be aware of technology and how it affects life
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud

## Packet Making Day

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### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - A(b).3. Begins to be aware of technology and how it affects life
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

**Targeted VPK Education Standards**

III. Social and Emotional Development

C.2. Seeks adult assistance appropriately

IV. Language and Communication

A.2. Follows two and three step directions

V. Emergent Literacy

A.1. Shows motivation for reading

A.4. Shows understanding of text read aloud

B.2. Uses letter-like shapes, symbols, and letters to convey meaning



# From Head to Toe

## Cognitive Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### Related VPK Education Standards

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Matching Colors, Level 1

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute (seriation)

## Gorilla Pants, Level 2

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute (seriation)
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Let's Have a Ball

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(c).4. Orders, compares and describes objects according to a single attribute (seriation)

## Hokey Pokey

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
  - A(e).4. Uses directions to move through space and find places in space
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Monkey Matches Shapes

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(d).1. Understands various two-dimensional shapes, including circle, triangle, square, rectangle, oval and other less common shapes

## Can You Do It? Shapes

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(d).1. Understands various two-dimensional shapes, including circle, triangle, square, rectangle, oval and other less common shapes
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Penguin Pattern Matching

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(c).1. Recognizes patterns and non-patterns
  - A(c).3. Recognizes pattern units

**Targeted VPK Education Standards**

- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VI. Mathematical and Scientific Thinking
  - A(c).1. Recognizes patterns and non-patterns
  - A(c).2. Duplicates identical patterns with at least two elements
  - A(c).3. Recognizes pattern units
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

**Counting Objects From Head to Toe, Level 1**

**Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

**Giraffe Spots**

**Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

### Targeted VPK Education Standards

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentence

### Targeted VPK Education Standards

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentence
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

### Targeted VPK Education Standards

- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

**Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

Counting Children

**Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentence
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

Small, Medium, and Large, Level 1

**Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of Objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
  - A(c).4. Orders, compares and describes objects according to a single attribute (seriation)
  - A(f).1. Compares continuous quantities using length, weight and height
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

**Targeted VPK Education Standards**

- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of Objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
  - A(c).4. Orders, compares and describes objects according to a single attribute (seriation)
  - A(f).1. Compares continuous quantities using length, weight and height
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

Connect the Dots

**Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
  - A(a).4. Assigns and relates numerical representations among numerals (written), sets of objects, and number names (spoken) in the range of five to ten
  - A(a).5. Counts and knows the sequence of number names (spoken)
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

From Head to Toe Puzzles

**Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
- VI. Mathematical and Scientific Thinking
  - A(c).1. Recognizes patterns and non-patterns
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

# From Head to Toe

## Gross Motor Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### **Related VPK Education Standards**

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context



## Can You Do It? I Can Do It!

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### **Targeted VKP Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Feed the Crocodile

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### **Targeted VKP Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Walking with the Animals

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### **Targeted VKP Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
  - A(e).4. Uses directions to move through space and find places in space
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

**Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- III. Social and Emotional Development
  - D.1. Interacts easily with one or more children
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

**Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
  - A(e).4. Uses directions to move through space and find places in space
- VII. Social Studies and The Arts
  - A(d).1. Describes the location of things in the environment
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Clap Your Hands With Me

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### **Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VI. Mathematical and Scientific Thinking
  - A(e).1. Shows understanding of and uses positional words
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Pass the Cat to Me

Page 238

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- VI. Mathematical and Scientific Thinking
  - A(e).4. Uses directions to move through space and find places in Space
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Monkey See, Monkey Do

Page 239

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - A.2. Follows two and three step directions
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## The Elephant Stomp

Page 240

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.4. Shows understanding of text read aloud
- VI. Mathematical and Scientific Thinking
  - A(e).4. Uses directions to move through space and find places in Space
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## The Penguin Waddle

Page 241

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - A.2. Follows two and three step directions
- VI. Mathematical and Scientific Thinking
  - A(e).4. Uses directions to move through space and find places in Space
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Elephants on a Tightrope

Page 242

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- IV. Language and Communication
  - A.2. Follows two and three step directions
- VI. Mathematical and Scientific Thinking
  - A(e).4. Uses directions to move through space and find places in Space
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

**Targeted VPK Education Standards**

I. Physical Health

B.3. Participates in physical fitness activities

IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

VIII. Motor Development

A.1. Moves with balance and control

A.2. Coordinates movements to perform simple tasks

# From Head to Toe

## Fine Motor Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### Related VPK Education Standards

#### I. Physical Health

- A.2. Demonstrates visual ability to facilitate learning
- A.3. Exhibits auditory ability to facilitate learning

#### II. Approaches to Learning

- A.1. Shows eagerness and curiosity as a learner
- B.1. Attends to tasks and seeks help when encountering a problem
- C.1. Approaches tasks with flexibility and inventiveness

#### III. Social and Emotional Development

- B.1. Follows simple classroom rules and routines
- B.2. Uses classroom materials carefully
- B.3. Manages transitions
- D.3. Participates in the group life of the class

#### IV. Language and Communication

- A.1. Gains meaning by listening
- B.1. Speaks clearly enough to be understood without contextual clues
- C.1. Shows an understanding of words and their meanings
- E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
- E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
- E.3. Uses appropriate language and style for context

#### VIII. Motor Development

- A.1. Moves with balance and control
- A.2. Coordinates movements to perform simple tasks

## Painting on the Easel

Page 247

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.5. Performs some self-care tasks independently
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- V. Emergent Literacy
  - B.2. Uses letter-like shapes, symbols, and letters to convey meaning (own name)
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## Cooked Play Dough

Page 249

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- VII. Social Studies and The Arts
  - B(a).1. Uses a variety of art materials for tactile experiences and exploration
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## I Can Trace My Hand, Can You Do It?

Page 250

### **Targeted VPK Education Standards**

- VI. Mathematical and Scientific Thinking
  - A(a).1. Demonstrates understanding of one-to-one correspondence
  - A(a).2. Shows understanding of how to count and construct sets
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## Animal Headbands

Page 251

### **Targeted VPK Education Standards**

- II. Approaches to Learning
  - D.1. Shows some planning and reflection
- III. Social and Emotional Development
  - A.1. Demonstrates self-concept
  - A.2. Shows some self-direction
    - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
    - D.2. Connects phrases and sentences to build ideas
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama
- V. Emergent Literacy
  - A.4. Shows understanding of text read aloud

## Sand Painting Parrots

Page 265

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.5. Performs some self-care tasks independently
- VII. Social Studies and The Arts
  - B(a).1. Uses a variety of art materials for tactile experiences and exploration
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## Can You Move Your Fingers Like This?

Page 266

### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.2. Shows age-appropriate phonological awareness
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks



## Feed the Seal

Page 267

### **Targeted VPK Education Standards**

- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools
- IV. Language and Communication
  - A.2. Follows two and three step directions

## Cutting Grids

Page 271

### **Targeted VPK Education Standards**

- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## My Big Brown Buffalo

Page 277

### **Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VII. Social Studies and The Arts
  - B(a).1. Uses a variety of art materials for tactile experiences and exploration
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

## Giraffe Sponge Prints

Page 281

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.5. Performs some self-care tasks independently
- VII. Social Studies and The Arts
  - B(a).1. Uses a variety of art materials for tactile experiences and exploration
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks
  - B.3. Shows beginning control of writing, drawing and art tools

### **Targeted VPK Education Standards**

#### IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

#### VIII. Motor Development

B.1. Uses strength and control to perform simple tasks

B.2. Uses eye-hand coordination to perform tasks

B.3. Shows beginning control of writing, drawing and art tools

### **Targeted VPK Education Standards**

#### IV. Language and Communication

C.2. Uses an expanded vocabulary to describe many objects, actions and events

D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

#### VI. Mathematical and Scientific Thinking

A(d).1. Understands various two-dimensional shapes, including circle, triangle, square, rectangle, oval and other less common shapes

#### VIII. Motor Development

B.1. Uses strength and control to perform simple tasks

B.2. Uses eye-hand coordination to perform tasks

B.3. Shows beginning control of writing, drawing and art tools

# From Head to Toe

## Daily Living, Cooking and Self-Help Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### Related VPK Education Standards

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Look Mom! Clean Hands!!

Page 309

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.2. Follows basic health and safety rules
  - B.5. Performs some self-care tasks independently
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Where Do My Shoes Go?

Page 311

### **Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

## Help Me Get Dressed

Page 313

### **Targeted VPK Education Standards**

- IV. Language and Communication
  - A.2. Follows two and three step directions
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

**Targeted VPK Education Standards**

I. Physical Health

- A.4. Performs oral hygiene routines
- B.2. Follows basic health and safety rules
- B.5. Performs some self-care tasks independently

VIII. Motor Development

- B.1. Uses strength and control to perform simple tasks
- B.2. Uses eye-hand coordination to perform tasks

**Targeted VPK Education Standards**

I. Physical Health

- B.1. Shows that basic physical needs are met
- B.4. Makes wise food choices
- B.5. Performs some self-care tasks independently

VIII. Motor Development

- B.1. Uses strength and control to perform simple tasks
- B.2. Uses eye-hand coordination to perform tasks

# From Head to Toe

## Socialization Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### Related VPK Education Standards

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Dramatic Play and Prop Suggestions

Page 332

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.5. Performs some self-care tasks independently
- II. Approaches to Learning
  - D.1. Shows some planning and reflection
- III. Social and Emotional Development
  - A.1. Demonstrates self-concept
  - A.2. Shows some self-direction
    - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- V. Emergent Literacy
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - B(a).3. Participates in creative movement, dance and drama

## Pin the Tail on the Donkey

Page 333

### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences

## We Can Make a Zoo

Page 335

### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas

## Let's Go to the Zoo!

Page 337

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.2. Follows basic health and safety rules
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events.
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas
- VI. Mathematical and Scientific Thinking
  - B(a).1. Asks questions and uses senses to observe and explore materials and natural phenomena

## I Have a Head, Shoulders, Knees and Toes!

Page 338

### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
- V. Emergent Literacy
  - A.2. Shows age-appropriate phonological awareness
- VI. Mathematical and Scientific Thinking
  - A(e).4. Uses directions to move through space and find places in space
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences

## We're Happy From Head to Toe

Page 339

### **Targeted VPK Education Standards**

- I. Physical Health
  - B.3. Participates in physical fitness activities
- III. Social and Emotional Development
  - C.1. Interacts easily with familiar adults
  - D.1. Interacts easily with one or more children
- IV. Language and Communication
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences
  - D.2. Connects phrases and sentences to build ideas

## You Did it!

Page 341

### **Targeted VPK Education Standards**

- III. Social and Emotional Development
  - A.1. Demonstrates self-concept
  - C.1. Interacts easily with familiar adults
- IV. Language and Communication
  - C.2. Uses an expanded vocabulary to describe many objects, actions and events
  - D.1. Uses age-appropriate grammar in conversations and increasingly complex phrases and sentences



# From Head to Toe

## Music and Rhymes Goals and Objectives

Related VPK Education Standards found in all activities in this section:

### Related VPK Education Standards

- I. Physical Health
  - A.2. Demonstrates visual ability to facilitate learning
  - A.3. Exhibits auditory ability to facilitate learning
- II. Approaches to Learning
  - A.1. Shows eagerness and curiosity as a learner
  - B.1. Attends to tasks and seeks help when encountering a problem
  - C.1. Approaches tasks with flexibility and inventiveness
- III. Social and Emotional Development
  - B.1. Follows simple classroom rules and routines
  - B.2. Uses classroom materials carefully
  - B.3. Manages transitions
  - D.3. Participates in the group life of the class
- IV. Language and Communication
  - A.1. Gains meaning by listening
  - B.1. Speaks clearly enough to be understood without contextual clues
  - C.1. Shows an understanding of words and their meanings
  - E.1. Uses language to express needs and feelings, share experiences  
Predict outcomes and resolve problems
  - E.2. Initiates, asks questions, and responds to adults and peers in a variety of settings
  - E.3. Uses appropriate language and style for context
- VIII. Motor Development
  - A.1. Moves with balance and control
  - A.2. Coordinates movements to perform simple tasks

## Mother Goose Rhymes

Page 347

### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.2. Shows age-appropriate phonological awareness
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama

## Mother Goose Every Day

Page 355

### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.2. Shows age-appropriate phonological awareness
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama

## Rhymes and Finger Plays

Pages 359-364

### **Targeted VPK Education Standards**

- V. Emergent Literacy
  - A.1. Shows motivation for reading
  - A.2. Shows age-appropriate phonological awareness
  - A.4. Shows understanding of text read aloud
- VII. Social Studies and The Arts
  - B(a).2. Participates in group music experiences
  - B(a).3. Participates in creative movement, dance and drama
- VIII. Motor Development
  - B.1. Uses strength and control to perform simple tasks
  - B.2. Uses eye-hand coordination to perform tasks

**\*Standards may vary according to rhyme selected.**